

Open Your Class With This Tomorrow- *Teaching Teens About Relationships: A Guide for Teachers, Counselors, and Youth Group Facilitators*

Guest Author:

Chuck Rhoades, PhD
CERES Associates, Inc. / Great Bay Community
chuckrhoades@comcast.net

Activity to Introduce Topics in the Book

Ask the students to individually complete the Problems in Relationships worksheet. Then have them work in small groups to discuss their work, asking them to highlight issues they would like to address in-depth at a later class. Finally, gather them together and review their responses with the entire class.

Problems in Relationships Worksheet

1. What problems are common in adolescent relationships?
2. What problems do males tend to experience?
3. What problems do females tend to experience?
4. What problems do LGBTQ+ youth tend to experience?
5. What problems usually occur at the start of a relationship?
6. What problems occur later in a relationship?
7. What problems occur for a partner who is significantly older than the other (A senior dating a sophomore or freshman)?
8. What problems occur for a partner who is significantly younger than the other?
9. What problems occur that have to do with people outside the relationship?
10. What problems occur related to sexual experiences?
11. What problems involve the most emotional turmoil?

Record their responses and plan your future sessions accordingly!