

A Portrait of Ingrid – A Case Study in Antisocial Personality Disorder

Name: _____

Directions: Read the case study titled A Portrait of Ingrid: A Case Study in Antisocial Personality Disorder in order to answer the questions that follow.

Part I: Explain how each of the following symptoms of antisocial personality disorder does or does not apply to Ingrid. If the criteria are exhibited by Ingrid, identify the specific behaviors from *A Portrait of Antisocial Personality Disorder* that support your claim.

1. Failure to conform to social norms regarding lawful behaviors, as indicated by repeatedly performing acts that are grounds for arrest:

2. Deceitfulness, as indicated by repeated lying, use of aliases, or conning others for personal profit or pleasure:

3. Impulsive or failure to plan ahead:

4. Irritability and aggressiveness, as indicated by repeated physical fights or assaults:

5. **Reckless disregard for the safety of self or others:**

6. **Consistent irresponsibility, as indicated by repeated failure to sustain consistent work behavior or honor financial obligations:**

7. **Lack of remorse, as indicated by being indifferent to or rationalizing having hurt, mistreated, or stolen from another:**

Part II: The DSM-5 also includes additional features associated with a diagnosis of antisocial personality disorder. From the list below place a star by each one that is demonstrated by Ingrid.

Associated Features Supporting Diagnosis

- Frequently callous and contemptuous with regards to the rights of others
- Inflated and arrogant self-appraisal (e.g., ordinary work is beneath them or lack a realistic concern about their current problems or their future)
- Excessively opinionated, self-assured, or cocky
- Display a glib (insincere or thoughtless), superficial charm
- Irresponsible and exploitative in their romantic relationships
- May report an inability to tolerate boredom

Part III: Answer the following questions with regards to Ingrid.

1. A diagnosis of antisocial personality disorder requires three symptoms listed in Part I. Based on your analysis which symptoms does Ingrid have?

2. A diagnosis of antisocial personality disorder requires that the individual is at least 18 years of age and evidence of conduct disorder must be present with an onset before the age of 15. Conduct disorder involves a pattern of behavior in which the basic rights of others or age-appropriate norms are violated. The specific behaviors characteristic of conduct disorder falls into one of four categories: aggression to people and animals, destruction of property, deceitfulness or theft, or serious rule violations.

Do you see any evidence that Ingrid may have had conduct disorder symptoms in her past? Why or why not?

3. Does Ingrid meet the criteria for a diagnosis of antisocial personality disorder? Why or why not?