

Open Your Class With This Tomorrow- *Prognosis*

Directions:

Originally Sarah was believed to have a mild traumatic brain injury (TBI), a term which is often used interchangeably with concussion. A mild TBI is commonly thought of as any loss of consciousness that lasts less than 30 minutes, any loss of memory for events immediately before or after an accident, any change of mental state, and any problems with focus. Patients are generally assessed with the Glasgow Coma Scale to measure their level of consciousness after a TBI.

Check out the website <https://www.glasgowcomascale.org/>

1. What is the Glasgow Coma Scale?

Watch the video linked on the website above (approximately 8 minutes)

1. What is the purpose of using the scale?
2. What are the four steps when checking a patient?
3. What are the three areas they observe?

Check out the GCS Facts

1. What is the reliability of the scale? How can it be optimized?

Other Resources

Concussion Grading

<https://www.healthgrades.com/right-care/brain-and-nerves/concussion-grading-scale-for-measuring-severity>

CDC- Acute Concussion

<https://www.cdc.gov/headsup/pdfs/providers/ace-a.pdf>

Hawaiiiconcussion.com

<https://hawaiiiconcussion.com/downloads/Post-Concussion-Symptom-Scale.pdf>

Books for Psychology Class

<http://www.weebly.com/weebly/main.php>