

Open Your Class With This Tomorrow- *Personality Isn't Permanent: Break Free From Self-Limiting Beliefs and Rewrite Your Story*

A culture wall, consisting of illustrations that represent your beliefs and aspirations, can be used as a visual reminder of who you want to become.

Directions: Build a culture wall that represents your future self. Use pictures and/or quotes that represent your goals. Think of 3-5 years from now and who you want to become.

If you prefer to go digital with your culture wall, try one of these sites.

Infographic Sites

<https://www.canva.com/>

<https://venngage.com/>

<https://piktochart.com/>

<https://www.lucidchart.com/pages/>

<https://infogram.com/>

Electronic Sharing Sites

<https://padlet.com/>

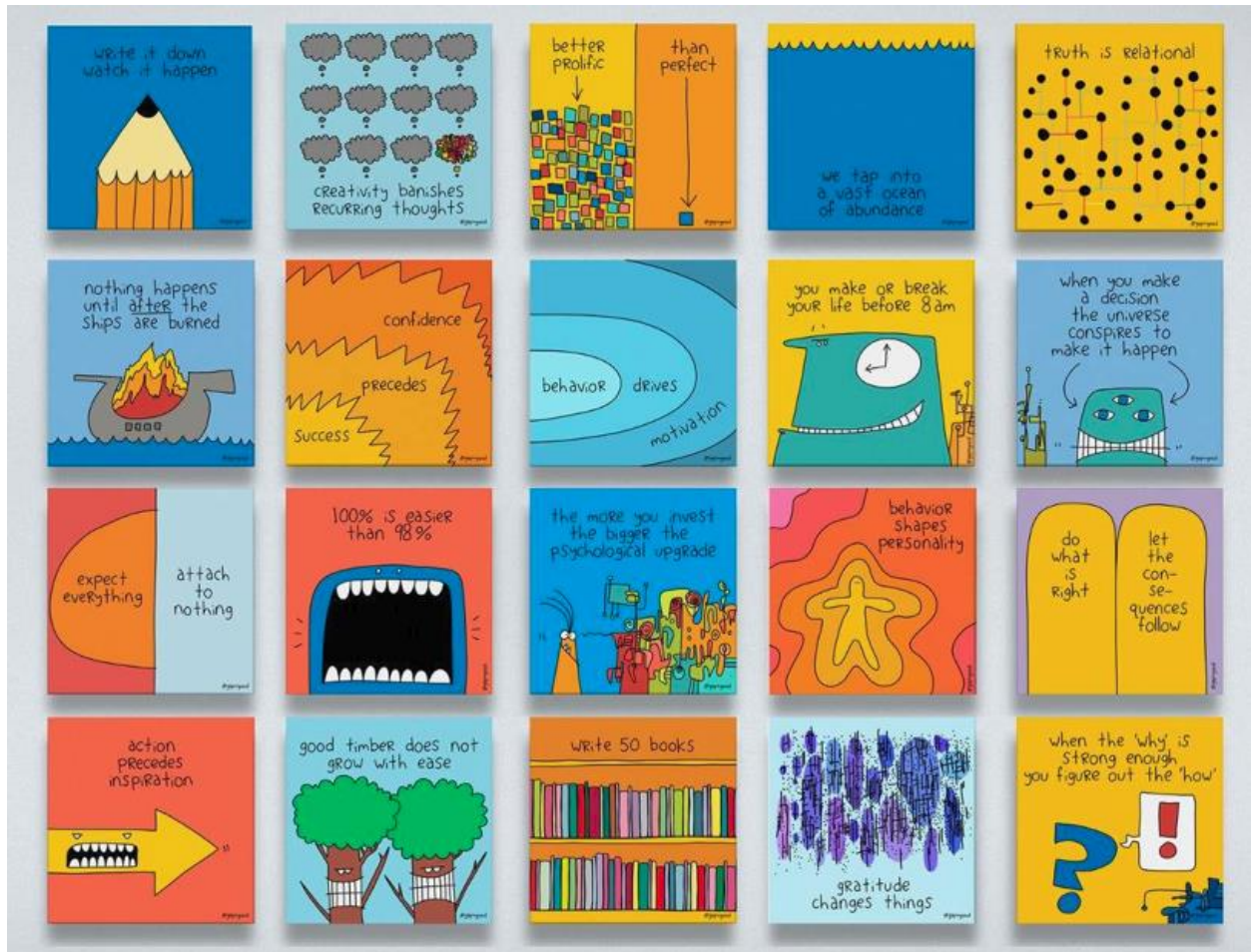
<https://en.linoit.com/>

Note: While this activity is great for reflection on your future personality, it is also helpful when writing college entrance or scholarship essays. Having put thought into who you want to become, helps answers those larger-than-life questions you are about to be asked.

Below is a picture of the author's culture wall for some inspiration.

Books for Psychology Class

<http://www.weebly.com/weebly/main.php>



Books for Psychology Class

<http://www.weebly.com/weebly/main.php>