

## Open Your Class With This Tomorrow- *The Personality Brokers: The Strange History of Myers-Briggs and the Birth of Personality Testing*

### Directions:

1. First, explore the 16 personality types.  
<https://eu.themyersbriggs.com/en/tools/MBTI/MBTI-personality-Types>
  - Where you focus your attention – Extraversion (E) or Introversion (I)
  - The way you take in information – Sensing (S) or INtuition (N)
  - How you make decisions – Thinking (T) or Feeling (F)
  - How you deal with the world – Judging (J) or Perceiving (P)
2. Then, analyze each of the following statements and determine which half of the pair you think it is geared toward (Choose 1 of the 8 letters from above)

1. You are almost never late for your appointments
2. You like to be engaged in an active and fast-paced job
3. You enjoy having a wide circle of acquaintances
4. You feel involved when watching TV soaps
5. You feel that the world is founded on compassion
6. Strict observance of the established rules is likely to prevent attaining a good outcome
7. After prolonged socializing you feel you need to get away and be alone
8. You often think about humankind and its destiny
9. You believe the best decision is one which can be easily changed
10. You prefer to act immediately rather than speculate about various options
11. You trust reason rather than feelings
12. You are inclined to rely more on improvisation than on prior planning
13. You spend your leisure time actively socializing with a group of people, attending parties, shopping, etc.
14. Your actions are frequently influenced by your emotions
15. You are a person somewhat reserved and distant in communication

Source: Questions pulled from a free personality test based on Carl Jung's and Isabel Briggs Myers' personality type theory located at <http://www.humanmetrics.com/cgi-win/jtypes2.asp>

### KEY

1. You are almost never late for your appointments (T)
2. You like to be engaged in an active and fast-paced job (E)
3. You enjoy having a wide circle of acquaintances (E)
4. You feel involved when watching TV soaps (F)
5. You feel that the world is founded on compassion (F)
6. Strict observance of the established rules is likely to prevent attaining a good outcome (T)

Books for Psychology Class

<http://www.weebly.com/weebly/main.php>

7. After prolonged socializing you feel you need to get away and be alone (I)
8. You often think about humankind and its destiny (N)
9. You believe the best decision is one which can be easily changed (P)
10. You prefer to act immediately rather than speculate about various options (P)
11. You trust reason rather than feelings (T)
12. You are inclined to rely more on improvisation than on prior planning (P)
13. You spend your leisure time actively socializing with a group of people, attending parties, shopping, etc. (E)
14. Your actions are frequently influenced by your emotions (F)
15. You are a person somewhat reserved and distant in communication (I)