

**Open your Class with this Tomorrow**  
**Look Me in the Eye: My Life with Asperger's**

**A class discussion about Autism:**

(Adopted from the reading group guide in the Appendix of *Look Me in the Eye*)

1. Recent studies indicate that autism affects 1 out of every 150 people, or 1 of every 50 families. Do you know people who exhibit these characteristics? What do you notice about how they interact with the world?
2. Discuss the advantages of an early diagnosis of Asperger's. Might there also be disadvantages? How does a label impact how we treat someone? How might a label of a disorder impact the way we see ourselves?
3. "Different" kids are often teased at school, how can knowledge about Autism prevent or stop that behavior?
4. How are those with Autism different in how they show empathy?
5. Why do you think those with Autism often act out (John Elder pulled pranks)? How can this behavior be prevented?
6. How can we better celebrate and embrace the characteristics that those with Autism have to offer?
7. How can you help those with Autism become more integrated into the world of social interactions?

Books for Psychology Class

<https://www.autismspeaks.org/resource/american-aspergers-association>