Open Your Class with This Tomorrow  
*Confessions of a Sociopath: How to Spot a Sociopath*

**Directions:** Read the following scenarios and determine if the individual described has characteristics of a sociopath. Cite the particular information in the passage that supports your decision and be prepared to discuss your responses.

**Note:** The following scenarios are taken from the afterword to *Confessions of a Sociopath*.

**Scenario #1:** Veronica is trying to make it to a friend’s wedding, but she leaves too late and gets stuck in a blizzard. Rather than turn back around, she keeps driving, and drives too fast for conditions. After she tries unsuccessfully to pass a truck, her car veers off the road and gets stuck in a snowdrift. She tries unsuccessfully to dislodge the car herself, but eventually is picked up by a police officer, who drops her off at the nearest gas station suggesting that she stay the night at the adjacent motel. Instead, she flags down the next trucker leaving the station and hitchhikes the rest of the two-hour drive.

**Scenario #2:** Alan’s coworker confesses that she has been on the kidney-donor transplant list for the past three years and undergoes weekly dialysis treatments. Alan knows his kidney will not be compatible, but immediately offers his own kidney because he wants his coworker to “owe” him in the future. Her doctors do not even consider him because obvious differences in race and size make him an unsuitable candidate.
**Scenario #3:** Pam is a ballroom dancer. She marries Gary who does not reciprocate her love, but she loves that he makes her look like “a million bucks” because he is a great looking individual. Gary spends all of her money, wrecking her credit rating. Do you believe that Pam displays characteristics of a sociopath?

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