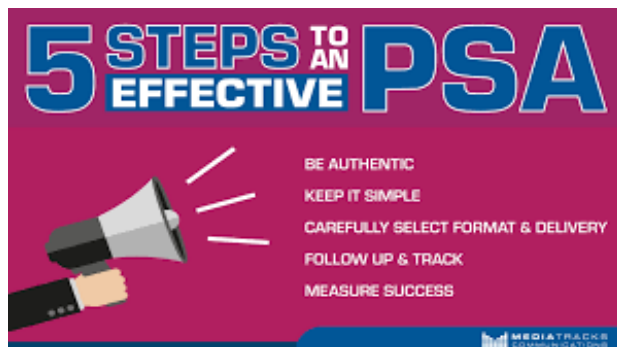


Open Your Class With This Tomorrow
Insane: America's Criminal Treatment of Mental Illness



Use the following website from the *National Alliance of Mental Health* to create a creative and appealing Public Service Announcement or a video regarding educating the public around issues related to incarceration and mental illness

<https://www.nami.org/About-NAMI/Who-We-Are/Meet-Our-Partners/Community-Partners/The-Stepping-Up-Initiative>

The following sites may help you develop beautiful announcements:

Canva: <https://www.canva.com>

Piktochart: <https://piktochart.com>

Visme: <https://www.visme.co/make-infographics/>

Lucid chart: <https://www.lucidchart.com/blog/how-to-make-an-infographic-using-flowcharts>

Include the following in your Public Service Announcement (PSA)

1. Watch and summarize the video Stepping up Initiative to explain how NAMI is attempting to help those with mental illness in the prison system.
2. In order to demonstrate the personal toll incarceration takes on the mentally ill, recap one of the 31 stories in 31days from the website listed above
3. Click on the link Jailing People with mental illness and then click on your state. Use some of the statistics presented to help the public explain why issues related to mental health are so important to understand.
4. Using your knowledge of mental illness, and information that you have found on this website (or others) list three specific ways in which society can help to destigmatize mental illness.
5. List three resources that people in need of help can reach out to during a mental health crisis (these can be at the local, state or national level)

Note: If you are not familiar with Public Service Announcements (PSAs), see this example below to help you understand the format and presentation of PSAs.



