**Open Your Class With This Tomorrow**

***Becoming***

**Directions:**Please respond to the following question.  It is not enough to answer the question by merely listing facts.  You should present a cogent argument based on your critical analysis of the question posed, using appropriate psychological terminology.

**Question**

Michelle Obama grew up on the South Side of Chicago in a neighborhood in which schools were failing, and students were not expected to demonstrate academic curiosity. Michelle believed in herself and worked hard to overcome the obstacles put in her way. She tested into a challenging magnet school for high school in which she was challenged but also judged by others around her because of her race, gender and the neighborhood in which she was raised. She went on to Princeton and Harvard Universities and experienced many of the same expectations there as she was often the only African-American student in the class. After her husband decided to run for president, she found herself often speaking in front of crowds, but became more and more confident in telling her story and ultimately became adept at speaking animatedly in front of thousands of supporters. She also created an agenda as Frist Lady to support causes that she personally believed in and launched her “Get Moving” initiative to introduce healthy food and exercise into children`s daily routines.

Apply the psychological concepts below to this situation.

**Part A**

Identify how the following factors could help Michelle reach her goals and eventually become the First Lady of the United States.

•Belief perseverance

•Social facilitation

•GRIT

•Self-efficacy

**Part B**

Identify how the following factors could hinder Michelle from reaching her goals in her career and personal life.

•Stereotype threat

•Discrimination

•Prejudice